

# medspa810

## Welcome!

Please help us to customize your Facial and/or Massage Experience:

First & Last Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Cell Phone#: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Other Phone # H or W (\_\_\_\_) - \_\_\_\_\_

Street Address, City, Zip: \_\_\_\_\_

In Case of Emergency, Call: \_\_\_\_\_ (name & ph#)

Email Address: \_\_\_\_\_ I'd like to receive email specials? Y/N

**What brings you in today?** Circle any that apply:

(Health & Relaxation) (Look better) (Stress) (Pain) (Headaches) (Pregnancy) Other\_\_\_\_\_

**Health History** (note any that apply):

Allergies: \_\_\_\_\_ Arthritis: \_\_\_\_\_

Blood Pressure Conditions: \_\_\_\_\_ Chronic Pain: \_\_\_\_\_

Headaches: \_\_\_\_\_ Fibromyalgia: \_\_\_\_\_

Heart Problems: \_\_\_\_\_ Heat Sensitivities: \_\_\_\_\_

Infections: \_\_\_\_\_ History of Stokes: \_\_\_\_\_

Insomnia: \_\_\_\_\_ Immune system deficiencies: \_\_\_\_\_

Lupus: \_\_\_\_\_ Medications: \_\_\_\_\_

Pain, numbness, tingling: \_\_\_\_\_ Skin Conditions: \_\_\_\_\_

Surgeries: \_\_\_\_\_ Varicose Veins: \_\_\_\_\_

Other: \_\_\_\_\_

**Current Pregnancy** \_\_\_\_\_ **Cancer** \_\_\_\_\_

**FACIAL:** To help provide a safe & comfortable experience, check all that apply & explain:

- **Current & past skincare treatments/services:**
- Oral/topical prescription medication:
- Accutane (when?):
- Facial waxing:
- Injectables/dermal fillers:
- Chemical peels/photofacials:
- Microdermabrasion:
- Laser treatments (hair reduction or IPL):
- Facial cosmetic surgery:

**Select all past reactions/allergies that apply:**

Cosmetics: \_\_\_\_\_

Iodine: \_\_\_\_\_

Enzymes: \_\_\_\_\_

Medication: \_\_\_\_\_

Foods: \_\_\_\_\_

Salicylic/glycolic/lactic acid: \_\_\_\_\_

Fragrance: \_\_\_\_\_

Sunscreens: \_\_\_\_\_

Other: \_\_\_\_\_

**What are your skin care problem areas? (circle all that apply)**

Tendency towards redness

Sun damage

Sunburn/blush easily

Aging Skin-fine lines/wrinkles

Skin Breakouts

Dry skin

Oily during the day

**What are your skincare goals?** \_\_\_\_\_

**Do you have a daily skincare regimen?** Yes or No

**Current Products you use:** Vitamin A/Retinol derivatives   Exfoliating scrubs   Glycolic/lactic acid   Hydroxyl acid products

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**MESSAGE:** To help provide a safe & comfortable MASSAGE experience, please check all that apply & explain:

What are you wanting to accomplish by the end of your massage session:

\_\_\_\_\_

Are you comfortable with having therapeutic massage on the following areas?

Gluteal region: Y/N   Pectoral muscles: Y/N   Scalp: Y/N   Face: Y/N   Abdomen: Y/N   Feet: Y/N

Desired massage pressure (circle one):   LIGHT   MEDIUM   DEEP

Are you experiencing pain in the following areas? Using scale of 1-10 (1=lowest & 10=highest pain level)

NECK: \_\_\_\_\_   BACK: \_\_\_\_\_   LEGS: \_\_\_\_\_   SHOULDER: \_\_\_\_\_   ARMS: \_\_\_\_\_   OTHER: \_\_\_\_\_

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**CLIENT CONSENT**

It is your responsibility to inform the aesthetician/therapist/technician/practitioner of any pre-existing conditions, limitations, or specific sensitivities and to inform your aesthetician/therapist/technician/practitioner if you feel any discomfort during the session. If you do experience discomfort, please communicate to adjust the process. You understand and voluntarily accept any risks which you have been advised about associated with your any treatment you receive, or from any use of the company's facilities, services, or products and you hereby release Scottsdale Vitality Medspa LLC (DBA medspa810 North Scottsdale), including its employees, practitioners, agents and insurers, from all liability for any injury, including, without limitation, personal, bodily or mental injury, economic loss or any damage to you resulting therefrom. You further hereby release all of the foregoing personnel and entities from all liability arising from any such injury or damage resulting from your failure to disclose any pre-existing condition, limitation or specific sensitivities, or your failure to inform your aesthetician/therapist/technician/practitioner of any discomfort during the session. Your aesthetician/therapist/technician/practitioner may determine that it is unsafe for you to proceed with or continue treatment due to health related concerns/contraindications. In this event you may be required to provide medspa810 with a physician's medical release prior to continuing treatment. The undersigned acknowledges that they have read this agreement.

**Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

FOR DEPENDENT CONSENT: my signature below authorizes medspa810 to administer treatment to my minor child or dependent according to the consent paragraph above: Name of Minor Child: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_

Date: \_\_\_\_\_